

Forge: Leaders in Training seeks to grow the faith and skills of young adults who volunteer regularly in youth and/or children's ministry.





Forge: L.I.T. is designed to grow ministry leadership in a flexible way to complement your existing commitments to work and study. Aimed at young adults aged 17-22, the programme will begin in October and finish in July with an overseas mission team.





What is FORCE L.T.?
Forge: L.I.T has 5 main elements specifically designed to improve your leadership skills and experience and strengthen your faith:

#### 1. Church Placement

Each Leader in Training will be expected to volunteer in a parish (usually their home parish) on a regular basis in a youth and/or children's ministry. For instance, as a weekly volunteer in a Sunday School or youth fellowship.

# 2. Extended Leadership Placement

In addition to involvement in your usual church setting you will be offered short-term supervised leadership roles designed to expand your leadership experience and gain new skills. These will include, but not be limited to, diocesan programmes such as youth events, residential and children's days. They will offer leadership experience in areas such as planning and organising, speaking, small groups, activities/games, and worship.

3. Training

During the 10-month programme there will be 5 central training days beginning in October and ending in April. The L.I.T. participants will learn biblical leadership focusing on 5 elements: Community - Working with others in a team environment. Command – Gaining skills and learn how to lead well. Calling – Exploring your gifts and your God given purpose. Cultivating - Growing deeper in your faith through spiritual habits and disciplines. Communication – Teaching others effectively and listening well.



### 4. Discipleshipship

A vital component of this L.I.T. programme is the spiritual development of each leader. Each participant will be supported to grow their faith through:

- Mentoring: We will provide an experienced Christian leader who will meet or call you monthly to discuss and support you to become a better leader following the example of Jesus Christ.
- Spiritual Reflection: You will be asked to complete short reflective assignments on your leadership that will help you see more clearly where God is at work in your ministry.

#### 5. Overseas Mission

Each participant will be offered the opportunity to bring all this experience learning together in an overseas mission team to Hungary that will be subsidised by an L.I.T. bursary. The mission team will take place in July for a period of 7-10 days and have a focus on mission to children and young people.





### Who can apply to Forge: Leaders in Training?

Open to all young adults in the diocese aged 17-22 who are currently helping in leadership in a parish church or ministry in Down and Dromore. Spaces are limited and awarded after application and informal interview.

How much will the programme cost?

The programme costs a small fee £30 to successful

applicants except for the overseas mission team which will have a bursary provided. We anticipate that this team will cost participants approximately £100p.p.

How do I apply?

To apply please complete an application form and return it by. Applications can be obtained by following the QR code below or e-mailing: janine@downanddromore.org.





# What is required of me in terms of time?

In addition to your ongoing help as a parish leader you will be asked, over the 10-month period of the programme, to commit to:

- 4 Saturday afternoon and evening (2 sessions) of training. A total of 8 sessions. These will be held in October, December, January and March.
- 4 sessions minimum in an extended leadership placement outside of your church.
- 2-4 sessions on a training course of your choice (this will depend on the course you choose).
- 2-3 sessions to complete the Spiritual Reflection assignments.

• 1 hour mentoring each month; on the phone









### When does it start and finish?

October to July.

## What else will I get out of this?!

In addition to the training and investment from an experienced group of youth and children's ministry workers you will also get an incredible Forge sweatshirt!



For more information contact: Janine Armstrong (Forge Ministry Coordinator) janine@downanddromore.org 07592529285

